

CAPER • TIMES

Your New President and Executive Vice President



L-R: EVP Elect Brooklyn Galbraith and President Eleanor Sidley

Holly Schaller Assistant Editor

This February CBU students were faced with the decision of voting for their Student Union Representatives. The candidates did not have an easy journey- going through the stress of campaigning, surviving a public debate, and then finding out that they had to extend the voting process through reading week due to a storm day. This election was an absolute nail biter for all those involved. The university was a buzz with talk and debate among students as well. The results were announced on February 27th: Our 2018-2018 SU President is Eleanor Sidley with 174 votes and our EVP is Brooklyn Galbraith with 147 votes. Mitchel Hill left with 99 votes for president and Raaj Patel with 125 for EVP. It was a very close race between Galbraith and Patel, only twenty two votes in the difference- the closest in history. This election had everyone on the edge of their seats. It seems as Sidley and Galbraith will be making quite the duo in the new-coming year; both are focusing on campus life. Both new

elects are from off the island, Sidley from Ontario and Galbraith from New Brunswick. Both know first hand what the student life is like for those on campus. We can plan to see some new action going on at The Pit! Another common ground is working with International Students. It is sure to be quite the year.

"I am honoured to be CBUSU's next Executive Vice President. Student life and students concerns, had and will always be a number one priority! I am excited and looking forward to see how the Students' Union changes and grows this upcoming year." Says Galbraith.

Both candidates have spoken highly of the previous SU representatives and plan to follow up on many of their ideas and projects. Although we, as students hate to say goodbye to our current President Roy Karam and EVP Brandon Macdonald, we are incredibly excited to see the union "grow", as Galbraith says!

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AUS

Abheyjeet Singh
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After becoming the AUS champions (on the 5th March 2017), the capers didn't have much time to celebrate. They left for the nationals on the very next day (6th March 2017). They face Queens in the first quarter final match on 9th March 2017. The No. 6-seeded Cape Breton Capers gave the No. 3 Queen's Gaels a scare to open up the ArcelorMittal Dofasco U SPORTS Women's Basketball Final 8 on Wednesday afternoon but the Gaels prevailed, pulling ahead in the fourth quarter on their way to a 60-51 quarter-final victory at the CARSA Performance Gym. First half was dominated by capers but the queens bounce back in the second half specially in the last quarter. "We followed the game plan pretty well—we took somethings away from them," said Capers head coach Fabian McKenzie. "They adjusted later on but I think in the first half we were pretty good."

After giving Queen's all they

could handle in their quarter-final on Thursday (10th March), the Capers couldn't find the same fire on Friday. They shot 37.5 per cent in the first quarter, before shooting 30.8 per cent in the second. The result was a 33-22 lead for Saskatchewan heading into the second half. Cape Breton was led in scoring by fourth-year forward Alison Keough, who finished with 12 points. Fourth year Valentina Primossi closed out the game with nine points to go with three defensive rebounds and was named the Capers' Player of the Game. For the Capers, the trip to Victoria was far from a wasted opportunity despite the team going winless, and head coach Fabian McKenzie was quick to point to the positives post-game.

Study Tips to Help You Excel in Your Courses

Brooklyn Galbraith

Editor-in-Chief

Midterm season seems to never end. It starts around the third week of the semester and lasts until the last few weeks of classes. If used properly, these tips can help you succeed in your courses and help make studying a little easier.

1.) Do not study in your bed. You may think that you are comfy and cozy, so you should be able to study, but in reality, you are confusing your brain. Not only will you find it difficult to study, you will also have a more difficult time falling asleep. When you do your work in bed, your brain and body will now not associate this place with being productive. You will be able to study smarter this way.

2.) Choose healthy snacks while studying. Temptations may be high, to grab a bag of chips and/or a chocolate bar, but it can slow down your study process. The best snacks to eat while studying are healthy snacks that will produce energy, such as fruit and almonds. These snacks will fuel your body to get you through your study session without crashing.

3.) Time management is an important factor when it comes to studying. If you have a busy schedule, or a lot to do, you need to organize your time wisely, so you can accomplish everything. You can download sheets online that will help you orga

nize your day. It is best to have everything laid out that you need to do, so you can have a visual of what you need to accomplish in the run of a day.

4.) Organize your material that you need to study first. Pay close attention to what your professor says will be on your test in class, or if you are lucky, your professor will give you a review. Organize your material by what will be on your test. If your professor gives you specific questions that will be on the test, practice the questions before hand. Make sure your review is detailed, but easy to follow. You do not want to overwhelm yourself with too much information.

5.) You do not need to study what you already know. There are some things that you will be tested on that you already know. You do not need to overwhelm yourself and study these things. If you know it, you know it. There is no need to obsessively study it and cram your brain with information.



Caper Radio's Top 10 Local Cape Breton Bands of 2016

Adam LeMoine

Station Manager at Caper Radio Inc

10. FRiGGED

- "Greasy Punk Rock" is how they refer to themselves, and it pretty much hits the nail on the head. There honestly isn't much else to say that can describe them, actually.

9. Jordan Musycsyn Band

- Jordan has been a Cape Breton mainstay for many years. Now recording albums and traveling all over the place bringing the Cape Breton name with him, Jordan is definitely our favourite country musician.

8. Fire Valley Fire

- Pure Rock and Roll. Made up of a bunch of CB Local Legends, these guys have a killer live set that should not be missed.

7. Riley Hill

- Riley plays with a band now called Riley and the Bit Rate Boyz, but before the new year, Riley was a solo act that impressed us all at open mic here at The Pitt. We got him to start coming to shows and he quickly became a local favourite.

6. Keith Doom and the Wrecking Crew

- I play in this band, but didn't join until late 2016 so this is 100% unbiased as an entry. 2016 was a big year for Keith Doom and the Wrecking Crew. After winning a battle of the bands, they earned a spot at East Coast Awakening, a music festival in New Brunswick. They shot out a quick EP and will be releasing a full length this Spring.

5. Mercy for the Lost

- Youth in Music is a huge thing for us here at Caper Radio, and Mercy for the Lost quickly became our favourite

high school band this last year. These guys have been making a name for themselves with their catchy riffs, powerful vocals and driving drums. You'll definitely be hearing their names for years to come.

4. Heartwood Slacks

- The return of John Gill to Cape Breton marked the return of Heartwood Slacks, with their unique folky style and delicious vocal harmonies, these guys will make anyone a fan of bluegrass and folk music no matter how metal they are.

3. Pretty Archie

- There's no way we can summarize Pretty Archie. Four extremely talented guys who are lifelong friends and legends in our local music scene. If you haven't heard of Pretty Archie, go look them up immediately.

2. Electric Spoonful

- Sydney born, Halifax raised. Electric Spoonful is now based out of Halifax, but still local in our hearts. These guys might be some of the hardest working musicians we've met. Laying down tours from here to Toronto and back, the guys are paving the way for local alternative musicians.

1. The Town Heroes

- Arguably the most successful band from Cape Breton at the moment. The Town Heroes, from Inverness, have won multiple ECMAs, toured all over Canada, USA and Europe, have played USA and German music festivals, and have absolutely no end in sight. Started as a two piece, in 2016 they announced two members joining. The Town Heroes are awesome, and in my personal opinion are Atlantic Canada's next Hey Rosetta.

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CBUSU welcomes all of the CBU and CBRM community to the...

Capers Helping Capers *Charity Gala*



Saturday March 18th, 2017

7:00 pm-10:00 pm

The Pit Lounge at CBU



CBUSU is hosting a Capers Helping Capers Charity Gala that will raise funds for local non-profit organizations.

The event will feature musical performances by Keith Mullins and Colin Grant.
Hors d'oeuvres by Flavor 19

Tickets are available at the front desk of the CBU Students' Union
\$30 per ticket

In support of four local charities:





Cape Breton University Students' Union

Capers Helping Capers



*Draw

Date

April 4th

2017



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\$2/ticket OR 3/\$5

Prize #1

1 Night Stay at the Cambridge Suites

Entrée Meal at Governors Pub & Eatery

2 Lower Bowl Tickets to a Cape Breton Highlanders Game (April 28th)

Prize #2

1 Night Stay at the Hampton Inn

Entrée Meal at Governors Pub & Eatery

2 Lower Bowl Tickets to a Cape Breton Highlanders Game (April 28th)

Prize #3

1 Month Membership at Ascendo Fitness

2 Lower Bowl Tickets to a Cape Breton Highlanders Game (April 28th)

Prize #4

1 Month Membership at Ascendo Fitness

2 Lower Bowl Tickets to a Cape Breton Highlanders Game (April 28th)

Prize #5

Round of Golf at The Lakes Golf Club Ben Eoin

Free Paddleboard & Kayak Rentals at Cape Breton Resorts in Baddeck

Prize #6

2 Lower Bowl Tickets to a Cape Breton Highlanders Game (April 28th)

\$30 Gift Card for FrameWork Cycle & Fitness

All ticket proceeds go to the selected charities!

Tickets can be purchased at Students' Union Front Desk



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